

**Twenty – Eighth Sunday
in Ordinary Time
Year B**

SUNDAY October 14 2012

Have you had your inner health plus today?

As Australia’s Mental Health week draws to a close it seems an ideal time to check our wellbeing and spiritual health too. Earlier this year, Father Ron Rolheiser OMI shared a story about one man’s journey to spiritual health. The following is a summary of that man’s story.

“It’s been a struggle to get where I am today. For more than 20 years I struggled with two addictions: alcohol and sex. I had them enough under control that I could essentially hide them from my family, my friends and colleagues. I never once missed a day of work and was always able to function at a high level professionally, but my life slowly began to fixate around my addictions-hiding them, lying about my activities, fiercely protecting my privacy and resentment towards anything or anybody who stood between me and my addictions. I functioned decently within work and relationships, but my mind, heart and real attention were focused on something else, my addictions!

I’m not sure what the exact trigger was since there were a number of things; my father’s death, some real shame and some graced moments of clarity when I sensed both my hypocrisy and the dead-end road I was on. About three years ago, I went on a retreat and had the courage to have a long talk with the Abbott. He suggested that I go into two recovery programmes. One to deal with alcohol and the other to deal with sex. I took his advice and it has completely turned my life around. I’ve been ‘sober’ for three years and the best way to describe it is that now “I see colour again”. Nothing feels as great as honesty! I’ve never been this happy! I’m now living in the light!”

Father Rolheiser explained; to live in the light means to live in honesty, to be transparent, to not have part of us hidden as a dark secret. We move towards spiritual health precisely by flushing out our sickest secrets and bringing them into the light. Spiritual health lies in honesty and transparency and so we live in the light when we are willing to lay every part of our lives open to examination by those who need to trust us.

*To live in the light is to be able to tell our loved ones where we are and what we are doing.
To live in the light is to not be anxious if someone in the family finds our files unlocked.
To live in the light is to be able to let those we live with listen to what’s inside our mobile phones, see what’s inside our emails and know who’s on our Facebook ‘friends’ list.
To live in the light is to have a confessor and to be able to tell that person what we struggle with without having to hide anything.*

Perhaps today we could change the television commercial and ask: “have you checked your spiritual health today?”
Sister Helen

Father Ron Rolheiser’s articles are at www.ronrolheiser.com/columnarchive

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St Joseph the Worker Church
44 Imperial Parade,
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Sunday Mass
7.00 am
8:30 am

Weekday Mass
Monday -7.am
Wednesday-7.00am

Guardian Angels’ Church
99 Scarborough St
Southport

Saturday
6.00pm

Sunday Mass
7.00 am
10.00 am

Weekday Mass
Friday - 12.30pm

Reconciliation
Saturday - 4.30pm

Mary Immaculate Church
31 Edmund Rice Drive
Ashmore

Sunday Mass
8:30 am & 6.00pm

Korean Mass
Sunday 3pm

Weekday Mass
Tuesday - 9.00am
Thursday - 5.30pm

Healing The Family Tree

AT ST . MARY MAGDALENE'S CHURCH
24 CECIL ROAD BARDON
ON FRIDAY 2nd. NOVEMBER 2012. AT 7.45 PM.

PARISH DATE CLAIMERS FOR—2012

1st-3rd Thursday each month Lectio Divina

Cenacles 6pm in the Mary Immaculate Library.

First Sunday of each Month: Morning Tea at the "Annex" St Joseph the Worker, Labrador after 8.30am Mass

Each First and Third Sunday of the Month: Charismatic Prayer Meeting, Guardian Angels Church, 11.30am

October 18, Thursday: Ministers Commissioning Mass, 5.30pm Mary Immaculate.

November 18, Sunday: Fr Keith Turnbull's 60th anniversary of ordination Mass, Mary Immaculate 8.30am

November 25, Sunday: Catholic Women's League Christmas Trading Table after 8.30am Mass at Ashmore

November 29, Thursday: Mass of Remembrance, 5.30pm Mary Immaculate.

December 7, Friday: Parish Xmas Barbeque, Guardian Angels School at 5.30pm

Parish Quilt Programme

A successful tour of ETHIOPIA saw us return on Monday 1st October. All the projects we support are doing well. There will be an information evening and video presentation in a few week's time. Next garage sale will be on 24th November at 268 Marine Parade Labrador. Household items gratefully received. Also a request for baby wraps, new or used, for the Grace Foundation in Behirdah. Contact Judy (56795370) or Katherine (55321939).

Vocations

Canali House offers a young man the opportunity to explore a vocational call to ordained ministry. The residential programme is about discipline a young men based on the four pillars of academic, spiritual, pastoral and human formation for 6-12 months. At the end of this time he will make a commitment to enter Holy Spirit Seminary, or continue discerning, or explore other vocational calls. If you are interested email vocations@bne.catholic.net.au or 1 300 133 544

Discernment Weekend

The Sisters of Nazareth offer an Invitation to young women (18-35) open to discerning a vocation to religious life and wishing to share a "live in" experience with the Sisters from Friday 16th till Sunday 18th November at Nazareth House, Wynnum. Please feel free to contact us at the following address: Nazareth House, 272 Wynnum North Road, Wynnum North Brisbane 4178; Phone: 3348 2086.

Gold Coast City Wind Orchestra (GCCWO)

Fundraising Concert

The GCCWO are holding their annual Fundraising Concert on Saturday 27 October starting at 7:00pm in Guardian Angels School Hall. The Orchestra celebrated their 10th Anniversary earlier this year and continue to perform a mix of contemporary and classic tunes around the Gold Coast. Students from Guardian Angels will join the GCCWO for a couple of songs before intermission when a light supper will be served. Bring along all your family, friends and anyone who wants to listen to some great music, raffles and door prizes. Tickets available at the door. Adults \$15, Child/Concession \$10, Couple \$25 & Family (2+2) \$30.

You are invited to write the names of all members of your family tree; (Genogram Attached), for as many generations as you can recall. In Jesus' Mystical Body, we are connected to all people through space and time, and it is important to pray for our whole family time, asking through the power of the Eucharist, for the blood of Jesus to go back through all generations, and cleanse whatever darkness may be there, and also to thank him for the gifts and positive attributes we have received. You will have the opportunity during Mass to pray for those on your genogram and then bring it to the altar.

For more information please telephone Fr. Vince Hobbs...55376773 Norma...33693832 Bruce...33250359 Or e-mail Bruce@ccrbardon.org.au or visit our website www.ccrbardon.org.au

Care and Concern

A reminder to all members that the October meeting will be held on the LAST Monday (29th) this month.

It is with some sadness that we have accepted the resignation from our Transport Service of Paul and Judith Millgate. They are both keen to continue as members but have found the driving too taxing due to ill health. They are volunteering for home and care centre visits, for which we are most grateful. Paul and Judith are valuable members of our group, and we thank them for the many years they have diligently attended to this ministry.

We have also welcomed several new members in the past few months, increasing our numbers to over 20. A big thank you to these generous people for giving of their time to aid the less fortunate.

World Youth Day 2013:

In July 2013, Brazil, will host the next World Youth Day celebrations in Rio de Janeiro. Archbishop Mark Coleridge will be leading a delegation from the Archdiocese of Brisbane on a 19 day pilgrimage that will include an immersion experience hosted by the Columbans in Santiago, Chile.

A **WYD Information Session** will be held on **Tuesday 23rd October** at the Lavalla Centre, 58 Fernberg Road, Paddington from **6:00-7:30pm**. contact Youth & Children's Ministry at youthministry@bne.catholic.net.au or phone 3109 6800. (www.cymbrisbane.org.au)

Too Deep for Words, God's Love For Us.

(Mary MacKillop)

A weekend of community and quiet for women, facilitated by Grace Harwood from Dragonfly Ministries. An opportunity to reflect and connect with the God whose love for us is too deep for words.

Friday 7 December (6pm) – Sunday 9 December (3pm)

Santa Teresa Spirituality Centre, Ormiston
Cost: \$290 (\$260 pensioners and full-time students) (\$10 extra per day for special diets)
Individual, ensuited rooms. All linen and meals supplied.
Numbers are limited. Contact Grace on 0409 524 283 or grace@dragonflyministries.net.au to register

Preparing Children for Reconciliation

Any child who has been Confirmed and received First Eucharist in 2011 or earlier, is invited to join our parish preparation for Reconciliation/First Confession.

Preparation will begin in mid-October, so parents are asked to enrol their children by 12th October.

Please contact Sister Helen for details helenw@scp.org.au



Today we welcome into our Parish Family

**Nicholas William Brett son of James & Alissa Brett
Evelyn Grace Ward daughter of Corey & Georgia Ward
Tobias William Skok son of Martin & Kirsty Skok
Oliver Beck son of Adam & Jessica Beck**

YOUR PRAYERS ARE REQUESTED FOR THOSE WHO HAVE JOURNEYED TO THE FATHER.

RECENTLY DECEASED: Elissa Burnett, Tony Murray, Lidia Cuervo, Wilfredo Paalam

ANNIVERSARY: William Watkins, Deniece Dolan, Edna Mulligan

ALL PARISHIONERS AND FRIENDS WHO ARE SICK AND IN NEED: Julie Watkins, Anne Watkins, Gail Dineen, Neil Cormick, Eddy Jackman, Chris Strasznski, Patricia Gledhill, Martin Cafferty, Judy Crane, Brian Smith, Phillip Jones, Teddy Greenhalgh, Joe Salas, Matthew Davidson, Patricia Davitt, Garry O'Connell, Belinda Boucher-Smith, Bob Amos, Monica Donaghy, Alice Ferrero, Pamela May, Graham Patterson, Paul Millgate, Christine Wheldon, George Ovens, Jacob Redman, Isla Dodge, Ken Knowles, Jacinta Crohan, Margaret Young, Sheila Grieve, Ray Jarrett, Carmel Donnelly, Anne Volp, Bill Farmer, Pricilla Bussac, Andrew McCurdy, Nicole Elliott, Lisa Magill, Marie Hancock, Michael Hammond, Brent Pratt, Carol Little, Joan Martin, Vickie Hall, Teresa Taylor, Angela Taylor, Gie Ubaldo, Mary Ng, Frank Bosmans, Tim Howard, Brian Kerwin, Bernadette Towson, Terry Buggy, Tracy Howard.

Lord Grant your people your protection and grace. Give them health of mind and body. Amen.

Rosters

The rosters for Dec, Jan, Feb are about to be made up. Please email the parish office dalorash@scp.org.au if you have any changes for this period. If you have been away and were not on the last roster please let the office know, if you would like to be on it again. Also if you have an email address or a new one please let us know, by the **4th November**.

Feast Days of the Week

Mon Oct 15 St Teresa of Jesus (Avila) 1515-1582
Founder of the Discalced Carmelites and Doctor of the Church. St Teresa spoke of prayer as 'nothing else than an intimate sharing between friends; it means taking time frequently to be alone with him who we know loves us. The important thing is not to think much but to love much and so do that which best stirs you to love. Love is not great delight but desire to please God in everything.'

Wed Oct 17 St Ignatius of Antioch. AD 50 – c. AD 110
Ignatius was a convert and a disciple of St John the Evangelist. St Peter appointed him Bishop of Antioch, which diocese he governed for forty years. Arrested in the reign of Emperor Trajan he was taken in chains to Rome and devoured by lions. He ended his saintly life exclaiming, 'May I become agreeable bread to the Lord.'

Thur Oct 18 Luke the Evangelist (First Century)
Author of Luke's Gospel and Acts of the Apostles, a physician, probably born a Greek and a Gentile, a companion of St Paul on his travels. He portrays the loving kindness of Jesus and has a special connection with the women in Jesus' life, especially Mary. In Luke alone we hear the story of the Annunciation and Mary's visit to Elizabeth, including the Magnificat, the parables of the Good Samaritan and the Prodigal Son, and the story of the two disciples who met Jesus on the road to Emmaus.

Deanery Liturgy Education

Monday October 15th
MEDITATION AS PRAYER IN FAITH TRADITIONS
9.30-Noon, Clear Island Waters, Hospitality Centre
All major traditions have ancient forms of meditation and contemplative prayer.

'Our greatest gain is to lose the wealth that is of such brief duration and, by comparison with eternal things, of such little worth; yet we get upset about it and our gain turns to loss.'
St Teresa of Avila

Prayer

*Lord, You invite me, I know, to hold my head high.
You expect me to reach out to others.
When I have the courage to do that, I know I will have found a remedy for sadness, perhaps not a perfect and lasting remedy, but a real good start on the road to higher ground and happier days.
And to these few thoughts, let me say, now and always, amen.*

Little Boy's Explanation of God

'One of God's main jobs is making people. He makes them to replace the ones that die, so there will be enough people to take care of things on earth. He doesn't make grownups, just babies. I think because they are smaller and easier to make. That way he doesn't have to take up his valuable time teaching them to talk and walk. He can just leave that to mothers and fathers.'

'God's second most important job is listening to prayers. An awful lot of this goes on, since some people, like preachers and things, pray at times beside bedtime. God doesn't have time to listen to the radio or TV because of this. Because he hears everything, there must be a terrible lot of noise in his ears, unless he has thought of a way to turn it off.'

Relocating

Please let the Parish Office know of your change of personal details.

Catholic Leader

This weekend the Catholic Leader has some excellent articles celebrating 50 years since the start of Vatican II. This momentous Church Council, which was held over three years, has had a profound impact of the Church we live today, therefore the Catholic Leader articles are highly recommended for those Catholics who want to know more about the riches of this historic gathering of the world's Bishops. The Leader is available every week at each of our parish churches.

HYMNS

GATHER TOGETHER- Brian Boniwell

Refrain:

**Gather together, gather as one,
Come as the body of Christ.
Gather to share in the Spirit
of love.
Gather together as one.**

Open to all, we gather as one.
Drawn by the light of Jesus the Son.

Called to be bread, now broken
and shared.
Called to be one in the Spirit of love. **R**

Come with your gifts, the fruit of
your lives.
Share in this life, the family of God. **R**

GLORY TO GOD (Mass of St Francis)

Glory to God in the highest,
and on earth peace to people of good will.
We praise you, we bless you,
we adore you, we glorify you,
We give you thanks for your great glory.
Lord God, heavenly King, O God,
almighty Father.
Lord Jesus Christ, only Begotten Son
Lord God, Lamb of God, Son of the Father,
You take away the sins of the world,
have mercy on us;
You take away the sins of the world,
receive our prayer;
You are seated at the right hand
of the Father, have mercy on us.
For You alone are the Holy One,
You alone are the Lord,
You alone are the Most High, Jesus
Christ,
With the Holy Spirit, in the glory of God
the Father. **R Amen Amen**

RESPONSORIAL PSALM

Fill us with your love, O Lord, and we will
sing for joy!

GOSPEL ACCLAMATION

Alleluia, alleluia! Alleluia!

**THE WORD OF THE LORD FOR
NEXT SUNDAY
Isaiah 53:10-11
Hebrews 4:14-16
Mark 10:45**

COYPRIGHT WORD OF LIFE LICENCE 129/130



GIFTS PROCESSION

GATHER TOGETHER

(music only)

HOLY HOLY HOLY

Holy, holy, holy Lord God of hosts,
Heaven and earth are full of your
glory.
Hosanna in the highest.
Bless'd is he who comes in the name
of the Lord.
Hosanna in the highest.

MEMORIAL ACCLAMATION:

We proclaim your death, O Lord
and profess your Resurrection
until you come again.

AMEN

Amen, Amen, Amen

LAMB OF GOD

Lamb of God, you take away the sins
of the world, have mercy on us.
Lamb of God, you take away the sins
of the world, have mercy on us.
Lamb of God, you take away the sins
of the world, grant us peace.

COMMUNION PROCESSION

COME AND EAT THIS BREAD

Refrain:

**Come and eat this bread,
come and drink this cup,
Come and share the feast
our God has spread.
You have promised us
You are here with us
In the breaking of the bread.**

This is the bread of life, for all to
share, bread of hope and redemption,
Bread to feed a world of hungrys. **R**

This is the cup of Christ's own
sacrifice,
Blood of love and compassion,
Blood to heal the world's divisions. **R**

Just as the scatter'd grains
become one bread,
Make us one in your Spirit,
all one Body in Christ Jesus. **R**

And as we share one cup of covenant
make us one in communion
At the table of Christ Jesus. **R**

Each time we eat this bread and drink
this cup,
We remember your death, Lord and
we celebrate your rising. **R**

Now from this table to the ends of earth,
Gather all of your people in this feast
of all creation. **R**

Refrain:

**Praise the living God, praise to Christ,
the Son,
Praise the mighty Spirit, Holy Breath.
For our whole life thru
We shall sing to you
God of life beyond all death.**

OUR SUPPER INVITATION (Kevin Bates)

Take of my bread and eat,
drink my new wine.
Take of my life and live, branch of my vine.
Let me befriend you now; eat,
take your fill.
Don't be afraid to dream;
love has its will.

Take up your burden now,
walk 'til you find
Just what the journey means;
walk while there's time.
Food for the journey
will answer your need.
Don't be afraid to walk; love,
my love will lead.

Take of my bread and eat,
drink my new wine.
Be a sweet nourishment
to good friends of mine.
Let me befriend you now; eat,
take your fill.
Share with your people,
that love has its will.

RECESSIONAL

WE ARE CALLED

Come! Live in the light!
Shine with the joy and the love of the Lord!
We are called to be light for the kingdom,
To live in the freedom of the city of God! **R**

Refrain:

**We are called to act with justice,
We are called to love tenderly,
We are called to serve one another;
To walk humbly with God!**

Come! Open your heart!
Show your mercy to all those in fear!
We are called to be hope for the hopeless,
So hatred and blindness will be no more!**R.**

Sing! Sing a new song!
Sing of that great day when all will be one!
God will reign, and we'll walk
with each other
As sisters and brothers united in love. **R.**

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